Merritt Bench Elementary School

Month of October

In October Bench started their reading program with the primary students, which I take part in every Tuesday-Friday. This has helped me with connecting with some of the indigenous students on my list. I helped at the Nicola Canford cross country run with the students that passed the finish line in order. I opened the welcome room for students to come in after they eat their lunch to play games, color, read.

October is the month of the Bison – Respect with the 7 sacred teachings for Bench. I went to each class and talked about the Bison – Respect, filled in a photocopy bison with facts about bison or what they think respect means to them. I also talked about labrador tea and rose hips and their medicinal advantages, brought labrador tea and rose hip tea to each class to sample; most classes cut out and colored a tea pot to put their tea bag in, made rose hip and labrador tea bags for their tea pot to bring home.

I just started going to each class to talk about the medicine bag, what it is used for, what indigenous people put in it. Each class will make their own medicine bags.

Grade 2/3

Grade 6/7