

## Happy January Friends and family of Nicola Canford School

We made it through the 1<sup>st</sup> month of 2026. We have been blessed to have had no snow, but it has been very cold. We have been doing our best to keep the students busy throughout the month. On Tuesday, Liz and I took some students, Teachers and EA to our Traditional Space for Smudge with Sage and peeled and dehydrated to make Apple Chip and made Apple Sauce. The students enjoy this because once it is finished, they get a treat afterwards. On Friday, Liz and I took some students on a Nature Walk to Smith Pioneer Park as part of our noon hour activities. They were happy for the change of scenery. And if there are any signs around for guidance. During lunch I asked a few students to help prepare some Buffalo Sage into baggies for when I give special guests as gifts. I have been doing some crafts where I allow the students to create. Here are a few pictures below of students using their imagination. It was fun to see what they could create. They always leave the Welcome Room happy and content.

